

# For-Til B<sub>12</sub><sup>®</sup>

4435

Please Copy for Your Patients

## For-Til B<sub>12</sub> Contains Tillandsia Powder and Vitamin B<sub>12</sub>

*Tillandsia usneoides*, commonly referred to as Spanish moss, grows in abundance on the southeastern coastal plain of the United States, in the West Indies, and in Central and South America. It is not a true moss, rather it is a member of the pineapple family (*Bromeliaceae*) and is an epiphyte, a non-parasitic plant that is supported by another plant and has aerial roots exposed to the humid atmosphere.

## How For-Til B<sub>12</sub> Keeps You Healthy

### Controls blood sugar levels

Limited studies suggest that a substance found in Spanish moss, HMG (3-hydroxy-3-methylglutaric acid), may help lower blood-sugar levels.†



**Introduced in:**

1958

**Content:**

90 Capsules

### Supplement Facts:

Serving Size: 1 capsule  
Servings per Container: 90

		%DV
Calories	2	
Vitamin B <sub>12</sub>	3 mcg	50%

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# For-Til B<sub>12</sub>®

## What Makes For-Til B<sub>12</sub> Unique

### Unique Product Attributes

#### Multiple nutrients from a variety of plant and animal sources

- Each capsule supplies 225 mg tillandsia powder (Spanish moss)
- Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect†

### Unique Processing

#### Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

- The nutrients in For-Til B<sub>12</sub> are processed to remain intact, complete nutritional compounds

#### Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

*Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.*

*Each capsule supplies 225 mg tillandsia powder.*

**Proprietary Blend:** *Tillandsia usneoides*, calcium lactate, defatted wheat (germ), oat flour, calcium phosphate, bovine spleen, ovine spleen, ascorbic acid, and magnesium citrate.

**Other Ingredients:** *Gelatin, water, colors, cellulose, calcium stearate, and cyanocobalamin.*

**Suggested Use:** *One capsule per meal, or as directed.*

**Sold to health care professionals.**

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for For-Til B<sub>12</sub>®.

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