

# Cataplex<sup>®</sup> A

0500

Please Copy for Your Patients

## Cataplex A Contains the Vitamin A Complex, Minerals, and Fatty Acids From Carrot Root and Other Natural Foods to Help Support Epithelial and Bone Tissue Health, Provide Antioxidant Protection, Support Nervous System Function, and Strengthen the Immune System

Cataplex A contains the concentrates of the vitamin A complex to help maintain healthy eyes, support a healthy immune system, and work to repair and maintain epithelial tissue—tissue that covers the body and lines its cavities. Cataplex A contains vitamins with their synergistic cofactors plus naturally-occurring potassium to support a healthy nervous system. Nutrients found in Cataplex A help maintain proper cellular function through the powerful antioxidant activities of vitamin A. Dietary fiber and vitamin A complex from carrots support proper gastrointestinal function and help the body use protein. Other nutrients in Cataplex A help to maintain healthy tissue and cellular function by supporting various immune cells like interferon and T-cells.†

### How Cataplex A Keeps You Healthy

#### Maintains and repairs epithelial tissue

Vitamin A from carrot and alfalfa is necessary for the proper repair and maintenance of epithelial tissue. Skin and mucous membranes are made of this type of tissue. Naturally-occurring potassium is intimately involved with controlling the body's water balance and helps support the moisture of the skin.†

#### Supports healthy eyes

Vitamin A enhances night vision and helps support eye health.†

#### Maintains a healthy immune system

Vitamin A supports a healthy immune system by helping the body and its cells address environmental insults.†

#### Promotes healthy cellular function

Components of carrot are thought to promote healthy cellular function by protecting DNA from oxidation. Research suggests that the antioxidant activity in carrots is due to naturally-occurring lycopene, alpha and beta carotene, and lutein. Vitamin A is a strong antioxidant that protects cells from oxidative damage, caused from environmental insult. Naturally-occurring potassium plays an important role in the chemical reactions that take place in cells.†

#### Supports healthy nervous system function

The nervous system requires potassium to operate efficiently and consistently. It is especially important in helping the nervous system transmit electro-chemical impulses throughout the body.†



**Introduced in:**

1934

**Content:**

90 Tablets

#### Supplement Facts:

Serving Size: 2 tablets  
Servings per Container: 45

		%DV
Calories	3	
Vitamin A	3,000 IU	60%

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## What Makes Cataplex A Unique

### Unique Product Attributes

#### Multiple nutrients from a variety of plant and animal sources

- Carrot, alfalfa, and rice bran provide naturally-occurring vitamin A, antioxidants, other synergistic vitamins, and fatty acids
- Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans
- Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect†

### Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

### Unique Processing

#### Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- Preserves nutritional integrity

#### Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

- The nutrients in Cataplex A are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

#### Vitamins and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Two tablets supply 230 mg carrot powder and 40 mg bovine kidney.

**Proprietary Blend:** Carrot (root), calcium lactate, defatted wheat (germ), bovine kidney, oat flour, nutritional yeast, rice (bran), magnesium citrate, alfalfa flour, mixed tocopherols (soy), ascorbic acid, carrot oil, and soybean lecithin.

**Other Ingredients:** Honey, arabic gum, calcium stearate, vitamin A palmitate, and gelatin.

**Suggested Use:** Two tablets per meal, or as directed.

**Warning:** Taking too much vitamin A over extended periods of time can prove toxic—especially to the liver. Always take any medication or nutritional supplement as directed and let your health care professional know what you are taking.

**Sold to health care professionals.**

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Cataplex® A.

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