

Cataplex® E

3775 & 3825

Please Copy for Your Patients

Cataplex E Combines Vitamin E With Selenium to Provide Powerful Antioxidant Protection

Large bodies of animal and human research support the idea for the need to increase antioxidants in our daily diet. Both vitamin E and selenium are powerful antioxidants that can help keep the heart, lungs, and liver healthy. Some vitamins and minerals work more efficiently and provide greater benefit for the body when they partner with another vitamin or mineral. Vitamin E is one such vitamin that works synergistically with selenium, a trace mineral. While each substance stands fully capable of destroying harmful free radicals on its own, research strongly suggests that their combined efforts yield even greater results at the cellular level. Both vitamin E and selenium share the primary responsibility of preventing lipid oxidation. Together, they also enhance immune function by reducing the formation of free radicals and by assisting in antibody production. Selenium intensifies vitamin E absorption, thereby increasing their combined influence on helping to maintain cellular health.†

How Cataplex E Keeps You Healthy

Provides strong antioxidant defense

The free radicals generated by the body in response to exposure to various stresses are important to the immune arsenal. However, when free radicals are generated in excess, they can cause severe damage to normal tissues and healthy cells. Antioxidants are substances that neutralize free radicals by attaching to their free electrons. By inhibiting excessive free radical proliferation, antioxidants like selenium and vitamin E help detoxify and protect the body from free radical damage.†

Maintains cellular health

Vitamin E promotes healthy cellular membranes by helping to prevent oxidation of their protective coating. Selenium, in addition to its primary role as a strong antioxidant, seems to play a secondary role in boosting DNA repair mechanisms, while at the same time, slowing down the rate of cell mitosis.†

Enhances immune function

The chain of events caused by free radical generation that is out of control alters the manner in which cells code their genetic information. Even a small change in the way proteins are structured within the cells can cause the immune system to identify them as foreign objects and attack, in an attempt to destroy these mutated structures. This breakdown in cellular communication weakens the immune system. Selenium and vitamin E help protect the immune system.†



Introduced in:

1934

Content:

90 Tablets - 3775

360 Tablets - 3825

Supplement Facts:

Serving Size: 2 tablets
Servings per Container: 45 or 180

		%DV
Calories	3	
Vitamin E	5 IU	15%
Selenium	11 mcg	15%

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Cataplex® E

What Makes Cataplex E Unique

Unique Product Attributes

Multiple nutrients from a variety of plant and animal sources

- The concentrates of the vitamin E complex from soybeans and pea vine juice are combined with bovine orchic tissue, a nutritional synergist
- Extracts from bovine and ovine tissues provide nutrients and support to the corresponding tissues in humans
- Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect†

Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

Unique Processing

Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- Preserves nutritional integrity

Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components

- The nutrients in Cataplex E are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Proprietary Blend: Bovine orchic extract, inositol, dried pea (vine) juice, ribonucleic acid, oat flour, bovine adrenal, beet (root), bovine spleen, ovine spleen, beet (root) juice, bovine liver, manganese lactate, and ascorbic acid.

Other Ingredients: Honey, selenium yeast, potassium para-aminobenzoate, mixed tocopherols (soy), calcium stearate, and arabic gum.

Suggested Use: Two tablets per meal, or as directed.

Sold to health care professionals.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Cataplex® E.

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