

# Iodomere®

5020

Please Copy for Your Patients

## Iodomere Contains Iodine, Echinacea, and Carrot Root to Help Maintain Healthy Thyroid, Immune, and Cellular Function

Iodine is a trace element and an essential micronutrient, necessary for endocrine efficiency, normal growth, and cellular function. Iodomere is one of three Standard Process Inc. products that contain iodine and falls between Trace Minerals-B<sub>12</sub><sup>TM</sup> and Prolamine Iodine in iodine content. Iodomere also contains echinacea, which is important in supporting immune function and tissue maintenance. Carrot root, also contained in Iodomere, provides a natural source of beta carotene, as well as several antioxidants and nutrients that are important to cellular, thyroid, and immune function.†

### How Iodomere Keeps You Healthy

#### Supports healthy thyroid function

Iodine is an essential element for the formation of the thyroid hormones—thyroxine and triiodothyronine. These hormones are necessary for boosting the rate at which oxygen and organic molecules are consumed to produce energy and heat. Although only very small amounts of iodine are necessary for normal health, iodine supplementation is, nevertheless, important. The body cannot store iodine, so it must be ingested regularly to support thyroid hormone production. Normal thyroid function is necessary for maintaining the skeletal and central nervous systems. Thyroid hormones also play a key role in the growth rate of the body, water balance, and numerous other physiological processes.†

#### Promotes healthy cellular function

Proper iodine levels help keep the thyroid healthy, which in turn, helps maintain normal growth and development in children—both physically and mentally. Iodine also supports reproductive capability and indirectly stimulates protein synthesis. Iodomere contains carrot root, which supports cellular function by providing antioxidant protection in the form of a variety of naturally-occurring vitamins and nutrients. Echinacea helps maintain healthy skin and supports the natural regeneration process.†

#### Maintains healthy immune function

Iodomere helps stimulate the immune response by increasing the protective power of certain immune cells. These immune cells engulf and digest microorganisms, along with any cellular debris. Studies suggest that echinacea stimulates interleukin, interferon, and T-cell proliferation.†



**Introduced in:**

1964

**Content:**

90 Tablets

#### Supplement Facts:

Serving Size: 1 tablet  
Servings per Container: 90

		%DV
Calories	2	
Iodine	200 mcg	130%

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† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## What Makes Iodomere Unique

### Unique Product Attributes

#### Multiple nutrients from a variety of plant, animal, and shellfish sources

- Each tablet supplies 160 mg conch (*Strombus gigas*), which provides a natural source of protein
- Carrot root provides naturally-occurring antioxidants, vitamins, and beta carotene
- Bovine liver is a great storehouse of vitamins, minerals, and nutrients
- Vitamins, minerals, and nutrients from plants, animal tissues, and conch work synergistically for maximum effect†

### Certified Organic Farming

**A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants**

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

### Unique Processing

#### Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- Preserves nutritional integrity

#### Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

- The nutrients in Iodomere are processed to remain intact, complete nutritional compounds

**Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products**

- Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

### Whole Food Philosophy

*Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.*

Each tablet supplies 160 mg conch (*Strombus gigas*).

**Proprietary Blend:** Conch (*Strombus gigas*) (shellfish), carrot (root), bovine liver, and echinacea (root).

**Other Ingredients:** Honey, prolamine iodine (zein), and calcium stearate.

**Suggested Use:** One tablet per day, or as directed.

**Sold to health care professionals.**

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Iodomere®.

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