

SP Cleanse®

2670

Please Copy for Your Patients

SP Cleanse is a Unique Vegetarian, Systemic, Detoxification Supplement, Formulated Specifically to Assist the Body in Removing Toxins

Unlike our ancestors, we get exposed to more and more toxins in the air we breathe, the foods we eat, and the water we drink. Our environment is loaded with chemicals, toxic wastes, pesticides, and an army of other pollutants that bombard our skin on the outside and enter our bodies through our lungs and digestive systems. That is only the external part of the story. On the inside, our bodies produce toxic by-products in the course of normal metabolic activity. From the cellular level through the major organ systems, the waste materials that our bodies generate need to be eliminated regularly in order to keep us healthy and help prevent disease. Our bodies contain multiple, built-in waste-removal systems. While the bulk of this cleansing process takes place in the liver and gastrointestinal tract, the kidneys, skin, and lymphatic system are also actively involved in ridding the body of harmful toxins. Many different plants and herbs contain ingredients that enhance the body's ability to efficiently remove both metabolic and environmental toxins. SP Cleanse is a combination of 20 of these whole foods and botanicals, rich in phytonutrients, that help the body cleanse itself from the inside out—naturally.†

How SP Cleanse Keeps You Healthy

Encourages healthy kidney function

Juniper berries contain essential oils that help the body excrete uric acid and other waste materials while maintaining electrolyte balance. Collinsonia stimulates the formation and excretion of urine—one of many ways the body eliminates wastes and toxins.†

Supports healthy blood and lymphatic system function

Red clover, burdock root, and Oregon grape root powders contain different vitamin complexes and minerals plus other phytonutrients that synergistically help keep blood clean. The eliminative properties of red clover also support the lymphatic system in filtering toxins from the body.†

Supports healthy gastrointestinal elimination

Fenugreek seed powder encourages regular intestinal elimination that impacts the removal of toxins in a number of ways. Regular evacuation of wastes and toxins from the intestines supports the delicate balance of microflora in the gastrointestinal tract—the activities of which affect the levels of many nutrients and hormones. In addition to contributing important nutrients, barley grass helps breakdown toxic substances in food.†

Promotes healthy liver detoxification functions

In the liver, insoluble toxins are converted to soluble toxins that the body can easily eliminate. Oregon grape root and milk thistle support a healthy functional liver. Apple pectin helps the liver remove toxic metals from the body.†



Introduced in:

2002

Content:

150 Capsules

Supplement Facts:

Serving Size: 7 capsules
Servings per Container: 21

		%DV
Calories	12	
Vitamin C	3 mg	4%
Iron	1 mg	6%
Sodium	10 mg	<1%

This product is part of our Purification Kit (12010) which also includes SP Complete™, Gastro-Fiber®, and SP Green Food™.

SP Cleanse® 2670



800-558-8740 • www.standardprocess.com

† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SP Cleanse®

What Makes SP Cleanse Unique

Unique Product Attributes

This is a vegetarian product

Contains vitamins, minerals, and other non-nutritive functional compounds to promote systemic cleansing

- Developed specifically for the Standard Process purification programs
- Combines 20 different whole foods and botanicals that contain detoxifying properties
- Contains cayenne pepper, one of nature's oldest and reliable spices, to enhance the efficacy of other herbal and nutritional ingredients
- Available in easy-to-digest capsules, which allow the nutrients to remain in their natural state for optimal bioavailability†

Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and by-products from our processing, practicing strict weed control standards, and continually monitoring the health of our plants

- Assures the soil is laden with minerals and nutrients
- Ensures plants are nutritionally complete and free from synthetic pesticides

Unique Processing

Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

- Preserves nutritional integrity

Exclusive low-temperature, high-vacuum drying technique

- Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components

- The nutrients in SP Cleanse are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories constantly conduct bacterial and analytical tests on raw materials, product batches, and finished products

- Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications

- Assures high-quality essential nutrients are delivered

Whole Food Philosophy

Dr. Lee challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to a synthetic or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Proprietary Blend: Juniper berry powder (*Juniperus communis*), red clover (flower) powder (*Trifolium pratense*), collinsonia (root) powder, apple pectin, burdock (root) powder (*Arctium lappa*), barley grass powder, dandelion (leaf) (*Taraxacum officinale*), Spanish black radish (root), Oregon grape (root) powder (*Berberis aquifolium*), cayenne pepper powder (*Capsicum annuum*), fenugreek (seed) powder, choline bitartrate, inositol, globe artichoke (leaf) (*Cynara scolymus*), fennel (seed), oat flour, beet (leaf) juice powder, beet (root) powder, milk thistle (*Silybum marianum*) (80% silymarins), wildcrafted tillandsia powder, carrot powder, broccoli powder, and kale powder.

Other Ingredients: Cellulose, water, and calcium stearate.

Suggested Use: Seven capsules, three times per day on an empty stomach or with a nutritional supplement shake, or as directed.

Caution: Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional. Not for long term use except under the direction of a health care professional. If you are taking any prescription drugs, consult with your health care professional prior to use.

Sold to health care professionals.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for SP Cleanse®.

Anderson L.E. 1998. *Mosby's Medical, Nursing, & Allied Health Dictionary*. 5th ed. St. Louis, MO: Mosby: 950.
Balch J.E., Balch P.A. 1997. *Prescription for Nutritional Healing*. 2nd ed. Garden City Park, NY: Avery Publishing Group: 66-76, 539-540.
Cayenne. Online. 24 Oct 2000 from <http://www.herbsfirst.com/NewsLetters/0299cayenne.html>
Mills S., Bone K. 2000. *Principles and Practice of Phytotherapy*. New York, NY: Churchill Livingstone: 13, 26, 29, 41-42, 141, 148, 168, 171, 175, 178-179, 203, 215, 555.
Ohno K., et al. 2000. Inhibitory effect of apple pectin and culture condensate of *Bifidobacterium longum* on colorectal tumors induced by 1,2-dimethylhydrazine in transgenic mice harboring human prototype c-Ha-ras genes. *Experimental Animal* 49(4): 305-307.
Pitchford P. 1993. *Healing with Whole Foods, Oriental Traditions and Modern Nutrition*. Revised ed. Berkeley, CA: North Atlantic Books: 29, 199-206, 350, 352, 354, 577.

Sowmya P., Rajyalakshmi P. 1999. Hypocholesterolemic effect of germinated fenugreek seeds in human subjects. *Plant Foods and Human Nutrition* 53(4): 359-365.
Stahl W., et al. 1998. Increased dermal carotenoid levels assessed by noninvasive reflection spectrophotometry correlate with serum levels in women ingesting Betatene. *Journal of Nutrition* 128(5): 903-907.
Tager M., et al. 2001. Restoration of the cellular thiol status of peritoneal macrophages from CAPD patients by the flavonoids silibinin and silymarin. *Free Radical Research* 34(2): 137-151.
Wang M., Goldman I.L. 1997. Accumulation and distribution of free folic acid content in red beet (*Beta vulgaris* L.). *Plant Foods and Human Nutrition* 50(1): 1-8.
Yance D.R. Jr., Valentine A. 1999. *Herbal Medicine, Healing & Cancer*. Lincolnwood, IL: Keats Publishing, a division of NTC/Contemporary Publishing Group, Inc: 66, 95, 112-113, 118-119, 131, 138, 140, 152.
Youdim K.A., Joseph J.A. 2001. A possible emerging role of phytochemicals in improving age-related neurological dysfunctions: a multiplicity of effects. *Free Radical Biological Medicine* 30(6): 583-594.